

ah **Lara** Thomas **Guliano** Rosa Liam Sharon Alexander Anna **Vanessa**
Leonardo Zoe Celeste **Renate** **Christine** **Lois** Valerie **Susilo** Joschuar Andreas
ka **Laura** Kevin **Amelie** Amanda **Maria** Lea Julia Miriam Elias Caspar Lara
mael Marc **Christoph** Lois Anton **Otto** Ali Mustafa Florance **Lilly** Allya Jakob Niklas
e Melissa Elias Theo Moritz Sabine Elke **Eugenie** Sophie **Noah** Leo Dorian
s Benjamin **Neil** Roman Helga Sabrina **Sascha** Juan Ayse **Timna** Liam Cora Kurt
enz **Jan** Tizian **Martha** **Daphne** Benedikt Ludwig Oliver **Adrian** Ilona Meriem

Born still

Gynaecology and Obstetrics, Medical Psychology
Stille Geburt – Frauenheilkunde, Medizinische Psychologie

Dear mother, dear father,

You have received the very sad and painful news that your baby is no longer alive. We would like to offer you our help and support in this difficult situation.

During your hospital stay

- ▶ If you would like **psychological counselling and support** during your stay in the hospital, please inform your attending physician or a member of the nursing staff who can get in touch with a member of the Women's Counselling Service for you. She is there to listen to you and talk to you, to help you say goodbye to your baby in whatever way you choose and, if you wish, to offer advice on funeral arrangements.
- ▶ The ward doctors and nursing staff are available day and night to answer any **medical questions** you may have.
- ▶ Please **inform your midwife** if you want to have your baby blessed, or have an emergency baptism or naming ceremony performed. You can also discuss funeral and burial arrangements with the midwife. If you so wish, the midwife will contact a **chaplain** for you.
- ▶ You can, if you wish, have your baby buried in an individual grave. In this case, we kindly request that you sign the "Consent to Burial" form (available from the Gynaecology Dept.). Should you make no individual funeral decisions, your baby will be buried during a collective burial ceremony held every six months in the cemetery in Pradl. Further information can be obtained from the hospital chaplaincy.
- ▶ If required, we can arrange a consultation with a female member of the Social Counselling team who can offer help and support in the following areas: advice on financial aspects, issues relating to returning to work, arranging an individual burial plot if desired.

Please don't be afraid to ask our staff for every bit of help and support you feel you need!

After leaving hospital – when you're back home

- ▶ If you need **psychological counselling and support**, you can contact the Women's Counselling Service at the Dept. of Medical Psychology as an outpatient. Telephone: +43 (0)50 504 26117 or one of the listed telephone numbers.
- ▶ If you have any **medical queries** you would like answered after leaving the hospital, please contact any of the listed doctors. A consultation is generally scheduled for all patients two to three months after leaving hospital.
- ▶ A **midwife** can also be your first point of contact once you are back home. She can check your physical progress and offer you emotional support during this difficult time. The costs may, to some extent, be covered by the 'Krankenkasse'.
- ▶ The hospital chaplaincy offers **spiritual counselling and support**. A memorial service for stillborn children is held several times a year.
- ▶ If you require **social work assistance**, please contact a member of our Social Counselling team.
- ▶ If you would like to get in touch with other parents who have been through a similar experience, information is available from the self-help group organisation 'Selbsthilfe Tirol'.
- ▶ All the 'Eltern-Kind-Zentrum' family centres in the Tyrol offer support and advice to help you cope with your bereavement.

Please don't be afraid or embarrassed to accept professional help for yourself, your partner and your children.

We are here for you to answer any questions you may have

Innsbruck University Hospital,
Dept. of Gynaecology and Obstetrics
Univ.-Klinik für Gynäkologie und Geburtshilfe

Angela Ramoni, MD, Consultant +43 50 504-814 44

Innsbruck University Hospital, Dept. of Medical Psychology
Univ.-Klinik für Medizinische Psychologie

Bettina Weigel, BSc MSc +43 664 563 11 43

Women's Counselling Service,
administration office +43 50 504-26117

Innsbruck Hospital Chaplaincy
Seelsorge

Tommy Mullur, MSc +43 50 504-803 87
Chaplaincy administration office +43 50 504-222 85

Social Counselling
Sozialberatung

Barbara Bloch, Social Worker +43 50 504-814 65
Ursula Leitner-Siegele, Social Worker +43 50 504-827 26

Midwives/ Hebammen

Tyrolean branch of the Austrian Midwives' Association
Österreichisches Hebammengremium
Landesgeschäftsstelle Tirol

Amberggasse 1, 6020 Innsbruck, Austria

Telephone +43 660 274 00 88

E-mail tirol@hebammen.at

Website tirol.hebammen.at

Self-Help Groups Tyrol/ Selbsthilfe Tirol

Innrain 43 (ground floor), 6020 Innsbruck, Austria

Telephone +43 512 577 198

E-mail dachverband@selbsthilfe-tirol.at

Website www.selbsthilfe-tirol.at

Family Centre/ Eltern-Kind-Zentrum Innsbruck

Amraser Straße 5, 6020 Innsbruck, Austria

Telephone +43 512 587 270

E-mail info@ekiz-ibk.at

Website www.ekiz-ibk.at

Information for parents whose baby has died before, during or shortly after birth



Univ.-Klinik für Gynäkologie und Geburtshilfe
Innsbruck University Hospital,
Dept. of Gynaecology and Obstetrics
6020 Innsbruck · Anichstraße 35
Telephone +43 50 504-ext.
Fax +43 50 504-230 55
E-mail lki.fr.klinikleitung@tirol-kliniken.at
Website www.frauenklinik.at

Univ.-Klinik für Medizinische Psychologie
Innsbruck University Hospital,
Dept. of Medical Psychology
6020 Innsbruck · Speckbacherstraße 23
Telephone +43 50 504-261 17
Fax +43 50 504-252 67
E-mail lki.pl.med-psych@tirol-kliniken.at
Website psychiatrie.tirol-kliniken.at

Publisher:

Innsbruck State University Hospital
Dept. of Gynaecology and Obstetrics
Dept. of Medical Psychology

Responsible for the content:

Prof. Christian Marth, MD, Prof. Gerhard Schüßler, MD

Compilation and editing:

Angela Ramoni, MD, Consultant,
Ingrid Schneitter, MD, Tomy Mullur, MSc

Design:

Druck-Management LKI, lki.dtp-service@tirol-kliniken.at, © 02/2021