

o Sarah **Lara** Thomas **Guliano** Rosa Liam Sharon Alexander Anna
Georg Leonardo ZOE Celeste Renate **Christine** **Lois** Valerie Susijo
Shalika **Laura** Kevin **Amelie** Amanda **Maria** Lea Julia Miriam Elias
na Ismael Marc **Christoph** Lois Anton **Otto** Ali Mustafa Florance **Lilly** Al
elie Melissa Elias Theo Moritz Sabine Elke **Eugenie** Sophie **Noah** Le
a Jens Benjamin **Neil** Roman Helga Sabrina **Sascha** Juan Ayse **Timna**
Kreszenz **Jan** Tizian **Martha** **Daphne** **Benedikt** Ludwig Oliver **Adr**

Born still

*Every life is truly a gift, no matter how short, no matter how fragile.
Every life is a gift that will live on in our hearts forever.*

Sandra Gould

You have received the very sad and painful news that your baby is no longer alive. We would like to offer you our help and support in this difficult situation.

During your hospital stay

Our team of doctors, midwives and nursing staff are available round the clock to offer you **medical treatment** and provide you with **information**.

- ▶ If you would like **psychological counselling and support** during your stay in the hospital, please inform your attending physician or a member of the nursing staff. You can talk with a female psychologist who, if required, can offer you help in saying goodbye to your baby (ritual).
- ▶ If you would like **pastoral support** of any kind, for example if would like to have your baby blessed, want an emergency baptism or naming ceremony, or any other form of religious ritual, please inform your midwife or a member of nursing staff who will notify a pastor. Chaplains are also available round the clock to discuss possible funeral arrangements with you.
- ▶ **All children who die prematurely are buried** four times a year in a communal grave (Innsbruck-Pradl). There is **no charge** for this service. If you decide on an individual burial or if would like to be present at the babies' communal burial (cemetery, Innsbruck-Pradl), please tick the relevant box on the form (**Burial** of a baby who has died before, during or shortly after birth).
- ▶ If required, we can arrange a consultation with a member of the **Social Counselling** team who can offer advice on financial and work-related issues. They can also help if you would like to have an individual burial plot.

Have courage – don't be afraid to ask our team of staff for every bit of help and support you need and discuss all the options that are important to you.

After leaving hospital – when you're back home

- ▶ If you need **psychological counselling and support**, you can contact the Dept. of Psychiatry II on **+43 50 504-261 17**.
- ▶ If you have any **medical queries** you would like answered after leaving hospital, please call the Dept. of Gynaecology and Obstetrics on **+43 50 504-231 04**.
- ▶ A **midwife** can also be your first point of contact once you are back home. She can check your physical progress and offer you emotional support during this difficult time. The costs may, to some extent, be covered by your statutory 'Krankenkasse' insurance
- ▶ On the Worldwide Candle Lighting Day in memory of children who have died – this year Sunday 2nd December at 2 pm – the hospital chaplaincy will be organising a memorial service in Innsbruck's Dom zu St. Jakob church.
- ▶ The hospital chaplaincy offers a monthly grief support group in Innsbruck's 'Haus der Begegnung' where parents can meet and talk. Contact the chaplaincy office for further details.
- ▶ If you require **social work assistance**, please contact a member of our Social Counselling team on **+43 50 504-845 33**.
- ▶ If you would like to get in touch with other parents who have been through a similar experience, information is available from the self-help group organisation '**Selbsthilfe Tirol**', Innrain 43, 6020 Innsbruck, tel.: **+43 512 577 198**.
- ▶ All the 'Eltern-Kind-Zentrum' family centres in Tyrol offer support and advice to help you cope with your bereavement.

Please don't be afraid or ashamed to accept professional help for yourself, your partner and your children.

We are here for you to answer any questions you may have

**Innsbruck University Hospital,
Dept. of Gynaecology and Obstetrics
Univ.-Klinik für Gynäkologie und Geburtshilfe**

Labour Ward	+43 50 504-231 04
General Gynaecology Outpatients' Dept.	+43 50 504-231 01

**Innsbruck University Hospital, Dept. of Psychiatry II
Univ.-Klinik für Psychiatrie II**

Psychologist.....	+43 664 563 11 43
Women's Care Centre, administration office	+43 50 504-261 17

Innsbruck Hospital Chaplaincy

Seelsorge

Tommy Mullur	+43 50 504-803 87
Chaplaincy administration office	+43 50 504-222 85

Social Counselling

Sozialberatung

Social workers	+43 50 504-845 33
----------------------	-------------------

Midwives/Hebammen

**Österreichisches Hebammengremium – Tirol
(‘Tyrolean branch of the Austrian Midwives’ Association)**

Landesgeschäftsstelle Tirol
Amberggasse 1, 6020 Innsbruck, Austria

☎ +43 660 274 00 88

✉ tirol@hebammen.at

🌐 tirol.hebammen.at

‘Dachverband der Tiroler Selbsthilfegruppen’

(Tyrolean Association of Self-Help Groups)

Innrain 43 (ground floor) · 6020 Innsbruck

☎ +43 512 57 71 98

✉ dachverband@selbsthilfe-tirol.at

🌐 www.selbsthilfe-tirol.at

Caritas Beratungszentrum

(Family, pregnancy, prenatal and social counselling)

Familien-, Schwangeren und Pränatalberatung, Sozialberatung
6020 Innsbruck · Heiliggeiststraße 16

☎ +43 512 727 015

✉ beratungszentrum.caritas@dibk.at

👤 Tanja Ganzenhuber

📞 +43 676 873 062 76

Verein Regenbogen

Rainbows Tirol

6020 Innsbruck · Amthorstraße 49

☎ +43 512 579 930

✉ tirol@rainbows.at

Information for parents whose baby has died before, during or shortly after birth

Michael Samuel Simon Mehmed Monika Lynette Lena Matteo Philipp
 uray Dario Ruth Helga Lucia Paul Celina Franz Emma Peter Rubi
 Conia Patrik Enderson Sigrid Joseph Fabian Laurin Kristijan Yusuf Nelly
 omas Kevin Anastasia Merlin Eva Viktoria Heinz Raphael Anja Kathari
 i Tamara Manfred Josef Clea Toni Paula Justine Viktor Pamela Em
 Gusta Oskar Meriem Helena Daisy Janos Valentina Zita Hans Ariann
 Lukas Nick Esra Julian Gudrun Livia Serafin Nora Raquel Nuray Pasqual

**Innsbruck University Hospital,
 Dept. of Gynaecology and Obstetrics**
 6020 Innsbruck · Anichstraße 35
 ☎ +43 50 504 - ext.
 ✉ lki.fr.klinikleitung@tirol-kliniken.at
 🌐 www.frauenklinik.at

**Innsbruck University Hospital,
 Dept. of Psychiatry II**
 6020 Innsbruck · Speckbacherstraße 23
 ☎ +43 50 504-261 17
 ✉ lki.pl.med-psych@tirol-kliniken.at
 🌐 psychiatrie.tirol-kliniken.at

**Klinikseelsorge Innsbruck
 (Hospital Chaplaincy)**
 6020 Innsbruck · Anichstraße 35
 ☎ +43 50 504-222 85
 ✉ lki.seelsorge@tirol-kliniken.at
 🌐 klinikseelsorge.tirol-kliniken.at